REGISTRATION AND HISTORY





PATIENT INFORMATION

| | Date | |
|----------------------------|------------|------|
| Patient | | |
| Address | | |
| City | _State | _Zip |
| Sex: □ M □ F Age | Birthdate_ | |
| ☐ Single ☐ Married | | |
| Occupation | | |
| Employer | | |
| Employer Phone | | |
| Spouse's Name | | |
| Whom may we thank for refe | ring you? | |
| | | |

| INSURANCE | |
|---|---|
| | |
| Who is responsible for this account? | |
| Relationship to patient | |
| Insurance company | |
| ASSIGNMENT AND RELEASE | |
| ASSIGNMENT AND RELEASE | |
| ASSIGNMENT AND RELEASE I, the undersigned certify that I (or my dependent) have insurance coverage with and assign directly to Dr. Kevin Sherma all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not pai by insurance. I hereby authorize the doctor to release all information necessa to secure the payment of benefits. I authorize the use of this signature on all insurance submissions. | d |
| I, the undersigned certify that I (or my dependent) have insurance coverage with and assign directly to Dr. Kevin Sherma all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not pai by insurance. I hereby authorize the doctor to release all information necessa to secure the payment of benefits. I authorize the use of this signature on all | d |

| _31 | PHONE NUMBERS |
|----------|------------------------|
| | |
| Home | Cell |
| Best pho | ne number to reach you |
| Email Ad | dress |
| IN CASE | OF EMERGENCY, CONTACT |
| Name | Relationship |
| Home | Cell |

| ACCIDENT INFORMATION |
|---|
| |
| Is condition due to an accident? ☐ Yes ☐ No Date |
| Type of accident $\ \square$ Auto $\ \square$ Work $\ \square$ Home $\ \square$ Other |
| To whom have you made a report of your accident? |
| ☐ Auto Insurance ☐ Employer ☐ Worker Comp. ☐ Other |
| Attorney Name (if applicable) |
| |

| PATIENT CONDITION | |
|---|-----------------|
| | |
| Reason for visit | |
| When did your symptoms appear? | |
| Is this condition getting progressively worse? $\ \square$ Yes $\ \square$ No $\ \square$ Unknown | |
| Mark an X on the picture where you continue to have pain, numbness, or tingling. | |
| Rate the severity of your pain on a scale from 1 (least pain) to 10 (severe pain) | |
| Type of pain: \square Sharp \square Dull \square Throbbing \square Numbness \square Aching \square Shooting | 6 Y 3 6 X 3 |
| ☐ Burning ☐ Tingling ☐ Cramps ☐ Stiffness ☐ Swelling ☐ Other | \ |
| How often do you have this pain? | ()() |
| Is it constant or does it come and go? |)((()((|
| Does it interfere with your $\ \square$ Work $\ \square$ Sleep $\ \square$ Daily Routine $\ \square$ Recreation | |
| Activities or movements that are painful to perform ☐ Sitting ☐ Standing ☐ Walking ☐ Bendi | ng □ Lying Down |

| H | EALTH | HISTORY | | | | | |
|--|----------------------------|-----------------------|----------------------|----------------------|----------------------------|--------------------|---|
| | | | | | | | |
| What treatmen | nt have vou alr | eady received for | vour conditio | n? | s □ Surgery [| ☐ Physical Therar | ov. |
| vinat troatmon | • | | | | | | - |
| | | ☐ Chiropractic Se | | | | | |
| Name and add | lress of other | doctor(s) who have | e treated you | for your condition | | | |
| Date of last ph | ysical exam | | _ | | | | |
| Place a mark of | on "Yes" or "No | " to indicate if you | have had ar | ny of the following: | | | |
| AIDO/IIIV | □V□N- | | □Va a □ Na | Missaurisaus | □Va a □ Na | Dharmatia | |
| AIDS/HIV Alcoholism | ☐ Yes ☐ No ☐ Yes ☐ No | Emphysema Epilepsy | ☐ Yes ☐ No☐ Yes ☐ No | | ☐ Yes ☐ No | Rheumatic Fever | ☐ Yes ☐ No |
| Allergy Shots | ☐ Yes ☐ No | Fractures | ☐ Yes ☐ No | | 5 165 110 | Scarlet Fever | ☐ Yes ☐ No |
| Anemia | ☐ Yes ☐ No | Glaucoma | ☐ Yes ☐ No | | ☐ Yes ☐ No | Stroke | ☐ Yes ☐ No |
| Anorexia | ☐ Yes ☐ No | Goiter | ☐ Yes ☐ No | | ☐ Yes ☐ No | Suicide | 000 |
| Appendicitis | ☐ Yes ☐ No | Gout | ☐ Yes ☐ No | | ☐ Yes ☐ No | Attempt | ☐ Yes ☐ No |
| Arthritis | \square Yes \square No | Heart Disease | | | \square Yes \square No | Thyroid | |
| Asthma | ☐ Yes ☐ No | Hepatitis | ☐ Yes ☐ No | Parkinson's | | Problems | ☐ Yes ☐ No |
| Bleeding | | Hernia | ☐ Yes ☐ No | | ☐ Yes ☐ No | Tonsillitis | ☐ Yes ☐ No |
| Disorders | ☐ Yes ☐ No | Herniated Disk | ☐ Yes ☐ No | | | Tuberculosis | ☐ Yes ☐ No |
| Breast Lump | ☐ Yes ☐ No | High | | Pneumonia | ☐ Yes ☐ No | Tumors, Growths | |
| Bronchitis Bulimia | ☐ Yes ☐ No ☐ Yes ☐ No | Cholesterol Kidney | ☐ Yes ☐ No | Polio Prostate | ☐ Yes ☐ No | Typhoid Fever | ☐ Yes☐ No☐ Yes☐ No |
| Cancer | ☐ Yes ☐ No | Disease | ☐ Yes ☐ No | | ☐ Yes ☐ No | Typrioid rever | |
| Cataracts | ☐ Yes ☐ No | Liver | 0010 | Prosthesis | ☐ Yes ☐ No | | |
| Chemical | | Disease | ☐ Yes ☐ No | | | | |
| Dependency | | Measles | ☐ Yes ☐ No | | ☐ Yes ☐ No | | |
| Chicken Pox | ☐ Yes ☐ No | Migraine | | Rheumatoid | | | |
| Diabetes | ☐ Yes ☐ No | Headaches | ☐ Yes ☐ No | Arthritis | ☐ Yes ☐ No | | |
| EXERCISE | | WORK ACTIVIT | y I | HABITS | | | |
| □ None | | ☐ Sitting | • | ☐ Smoking | Pa | icks/Day | |
| ☐ Moderate | | ☐ Standing | | ☐ Alcohol | | inks/Week | |
| ☐ Daily | | ☐ Light Labor | | ☐ Coffee/Caffein | | ıps/Day | |
| • | | • | | | | | |
| ☐ Heavy Labor ☐ High Stress Level Reason | | | | | | | |
| Are you pregnant? ☐ Yes ☐ No Due Date | | | | | | | |
| Injuries/Surgeries you have had Description Date | | | | | | | |
| Falls | | | | | | | |
| | | | | | | | |
| - | | | | | | | |
| Broken Bones | | | | | | | |
| | | | | | | - | |
| Surgeries | | | | | | - | |
| | | | | | | | |

| | MEDICATIONS | ALLERGIES | VITAMINS/HERBS/MINERALS |
|---|--------------------|-----------|-------------------------|
| 4 | | | |
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Kevin Sherman, DC

9070 E. Desert Cove Dr., Suite 106 Scottsdale, AZ 85260 p 480.390.9730

Informed Consent to Chiropractic/Physiotherapy Treatment

The nature of spinal manipulation: The doctor may use his hands or a mechanical device in order to move your joints. You may feel a "click" or "pop", such as the noise when a knuckle is "cracked", and you may feel movement of the joint. Various ancillary procedures, such as Active Release Techniques (ART) soft-tissue therapy, hot or cold packs, electric muscle stimulation, therapeutic ultrasound or acupuncture may also be used.

Possible Risks: As with any health care procedure, complications are possible following a spinal manipulation. Complications could include fractures of bone, muscular strain, ligamentous sprain, dislocations of joints, or injury to intervertebral discs, nerves or spinal cord. Cerebrovascular injury or stroke could occur upon severe injury to arteries of the neck. A minority of patients may notice stiffness or soreness after the first few days of treatment. The ancillary procedures could produce skin irritation, bruising, or minor complications.

Probability of risks occurring: The risks of serious complications due to chiropractic treatment have been described as "rare", about as often as complications are seen from the taking of a single aspirin tablet. The risk of cerebrovascular injury or stroke, has been estimated at one in one million to one in twenty million.

The probability of a serious adverse reaction due to ancillary procedures is also considered "rare", except as described in the following section regarding ART.

Risks associated with Active Release Techniques (ART) soft-tissue therapy include bruising, skin irritation, and increased sensitivity of the injured tissues. These risks are common and not usually serious. ART is an aggressive form of treatment designed to break-up scar tissue and is often performed to the patient's tolerance of pain.

Other treatment options which could be considered may include the following:

- Over-the-counter analgesics. The risks of these medications include irritation to stomach, liver and kidneys, and other side effects.
- *Medical care*, typically anti-inflammatory drugs, tranquilizers, and analgesics. Risks of these drugs include a multitude of undesirable side effects and patient dependence.
- Hospitalization in conjunction with medical care adds risk of exposure to virulent communicable disease.
- Surgery in conjunction with medical care adds the risks of adverse reaction to anesthesia, as well as an extended convalescent period.

Risks of remaining untreated: *Delay of treatment allows formation of adhesions, scar tissue and other degenerative changes*. These changes can further reduce skeletal mobility, and induce chronic pain cycles. It is quite probable that delay of treatment will complicate the condition and make future rehabilitation more difficult.

I have had the risks of my case explained to me. I have read the explanation above of chiropractic/physiotherapy treatment. I have had the opportunity to have any questions answered to my satisfaction. I have fully evaluated the risks and benefits of undergoing treatment. I have freely decided to undergo the recommended treatment, and herby give my full consent to treatment.

| Patient Name (print) | |
|----------------------|--------|
| Patient Signature | . Date |
| Doctor Signature | . Date |



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POLICY REGARDING INSURANCE

This office is pleased to accept your case on assignment as soon as your insurance company and or the responsible party verify your coverage. We will file your claim forms to assist you in every way we can for reimbursement. We must make it clear that insurance contracts are between you, the patient, and your insurance company. You are responsible for any amount not paid by your insurance company. By accepting your insurance on assignment, we are extending you credit. This courtesy may be withdrawn if circumstances below warrant.

If you have any questions regarding these policies, ask Dr. Sherman.

- 1. If you choose to use insurance to subsidize your care in this office you must pay according to the terms of your policy. We will be happy to assist in verifying your benefits.
- 2. Coverage is never guaranteed until claims are processed and paid by your insurance company.
- 3. Normally, your insurance will pay within approximately 30 days of receipt of claims. If your insurance has not paid within 60 days, then you will be responsible to pay the balance due.
- 4. We will continue to bill your insurance, as long as you are receiving active care in our office, and as long as you have benefits available to pay for your care.
- 5. You may be required to sign informed consent, and medical records release forms as well as any other assignment documents required by your insurance company.
- 6. Our office does not guarantee that your insurance company will pay. We will make every attempt to obtain verification of policy coverage. However, if for any reason your insurance claim is denied, you are responsible for the full amount of your balance.
- 7. Coverage is never guaranteed until claims are processed and paid by your insurance company.
- 8. Our office will not enter into a dispute with your insurance company over any claims. This is ultimately your responsibility and obligation.
- 9. Co-payments and fees for non-covered services are due at time of service.

| By signing below, you ackno | wledge that you have r | read, understand and | d agree to the above |
|-----------------------------|------------------------|----------------------|----------------------|
| Policy Regarding Insurance. | | | |

| Patient Printed Name | Signature | Date |
|----------------------|-----------|------|